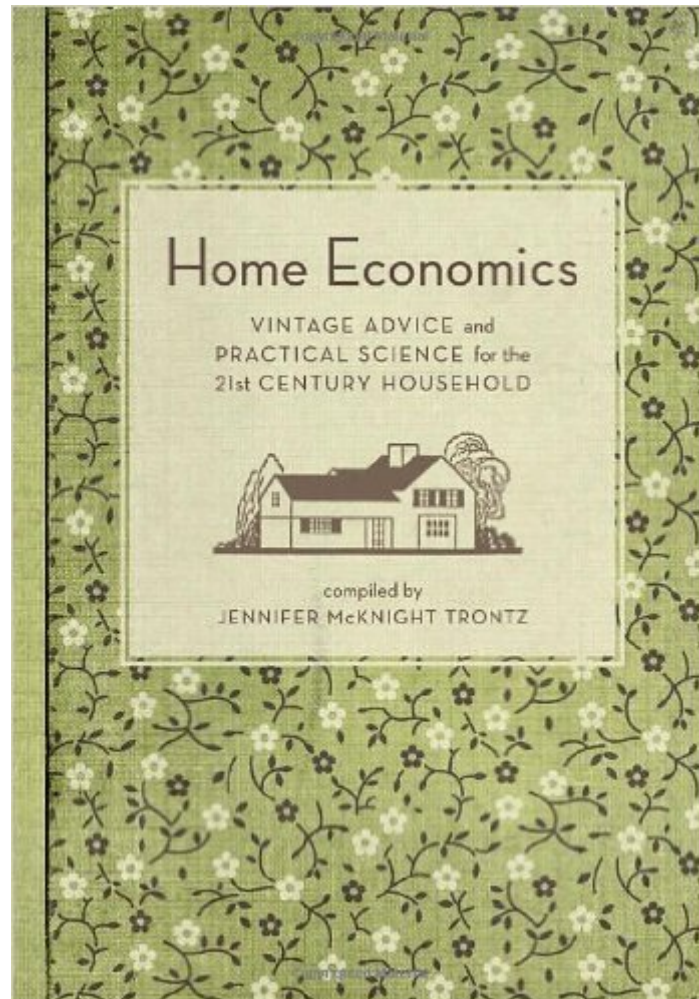


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# Home Economics: Vintage Advice And Practical Science For The 21st-Century Household



## Synopsis

Housekeeping is becoming more and more a matter of science, and the laurels are bound to fall to the woman who conducts her household in a business-like way. • Let the thrifty sensibility of yesteryear be your guide as you shop for the most economical foods, choose wall colors scientifically, clean with natural products, look your best without breaking the bank, and budget your way to frugal efficiency. In this amazing collection of clever wisdom and practical advice drawn from vintage home-economics textbooks, you'll find everything you need to get back to basics and run a healthy and happy household. Home Economics covers all the categories of delightful domesticity: • Health & Hygiene • Cookery & Recipes • Manners & Etiquette • Design & Decoration • Cleaning & Safety • Gardening & Crafts • Rediscover the art and science of keeping house economically!

## Book Information

Hardcover: 176 pages

Publisher: Quirk Books (July 1, 2010)

Language: English

ISBN-10: 1594744610

ISBN-13: 978-1594744617

Product Dimensions: 4.7 x 0.7 x 6.8 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars • See all reviews (56 customer reviews)

Best Sellers Rank: #40,233 in Books (See Top 100 in Books) #39 in Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Do-It-Yourself #49 in Books > Crafts, Hobbies & Home > Home Improvement & Design > Decorating & Design > Decorating #54 in Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Cleaning, Caretaking & Relocating

## Customer Reviews

I recently sat down with my grandmother and asked her what college was like for her. She explained to me that she was a Home Economics major, which surprised me. I asked her what she learned and I must admit that I was jealous of her knowledge. I began a hunt for classic home economics books that may have been used in one of her classes. After a long search, I discovered that this little book perfectly represents everything that traditional home economics books taught. It is a

beautiful compilation of classic concepts that many young people need to learn. As a college student, I love this book because it teaches me everything that I never learned. I would recommend this for young adults that want to learn all of the little things that no one ever taught us.

I loved this book! I am a stay at home Mom with an attraction for domestic bliss. I skipped over the cooking section of this book as any older cook book can teach the reader how to make bread, etc.. What I needed help with was cleaning. I hate cleaning but love a clean house. I found the advice to be very complete and pointed out areas of cleaning that I had never thought of before. I found the overall advise of the book to be thorough and fun. Homemaking is my job and my vocation, I want to do a good job and to be joyful about it. I found this book to be very helpful.

This book includes all that our children are missing at school - and even at home - unfortunately in this day and age, homes are not run as they used to be. Home Economics is a thing of the past. Sure there are a handful of classes and parents that teach a few skills - but, this has a little of everything. Great tool for me as a mom to use to guide my daughter and son with the proper tools (that I may have forgotten to mention) for their future. I bought an extra one and plan on getting more as gifts! These would make great gifts for graduates, brides etc.

This book is seriously adorable, but also seriously practical, and helpful for the average 20-something and 30-something year olds who are absolutely flabbergasted on how to run a home. We always go online and try to find ways to take care of ourselves and our homes, but this book helps us in looking at the past and how our grandparents and our ancestors ran their homes many decades ago. This book has everything you can think of in terms of home economics, such as:- How to prepare classic dishes such as milk toast (I have NEVER heard of milk toast until I read this book!).- How to stitch and hem clothing.- How to preserve fruits and certain vegetables.- How to clean your house using natural products such as baking soda, white vinegar, natural scented oils, lemon juice, Borax, Bon-Ami, and natural castille soap. (Which, by the way, are all super cheap and extremely effective at cleansing your home from top to bottom, WITHOUT damaging the environment and making your loved ones sick! Win-win for everybody!)- Baking your own bread from scratch.- How to buy and arrange furniture that will enhance the way your house looks as well as giving everybody the pleasure of being in said house.- How to make your own vegetable garden.- The taking care of a newborn infant.- The joy of home ownership.- Teaching your children good manners and ethics in order for them to become good citizens to society. (Ummmmm let's

make this #TRENDY again, thank you!)- How to wash dishes and do laundry with your hands.- How to treat your spouse with love and respect.- How to choose the best meat cuts for your budget. (Oh my God, this SAVED my life!)And so much more!Does the advice in this book sound old fashioned? Yes, I'll admit it. Is it the kind of advice that will make your life easier? Absolutely! I have learned so much in this little book than I have learned from my busy mother during my early childhood, respectively. She was busy, what can I say? With this book, you will learn the invaluable methods of not just cooking and cleaning, but MAKING a real home out of the place that you live in right now. There's a huge difference between a property that a person lives in... and a home. A home is a place of warmth, comfort, health, and love, no matter how small the property or how tight the homemaker's income may be.

I saw this book reviewed in Counry Living magazine and had to have it. It's cute and useful too. I like the retro look with the old-timey illustrations. I thought it would be just a fun read but I've found it to be really good information, especially the sections on laundry and cleaning. I'm going to pick up a few more to give as gifts for friends too.

I love this book! It has ideas on how to save money, recipes, sewing, organizing, cleaning and how to be a lady. All the tips are still applicable today and what's even better is that they use very basic materials, for example for cleaning, most of the mixture consists of baking soda, vinegar and borax. All eco friendly and budget friendly materials - none of the fancy brand name cleaning agents that are on the shelves today, but just as effective. I assume these are the things that they used to teach at home EC back in the days ( I didn't have home EC in school). It inspired me to try to organize my house better. I made my husband read it too since we both work and we both do the household chores. Old fashioned ideas for the modern family. A very charming book!

I expected a book with old time solutions to 21st century problems, which is how the book was advertised. I had hoped that there would be old reprints from Home Economics textbooks, as well as commentary on how women from that time viewed their role and their jobs as homemakers and wives.nope. I got a cute little pocket sized book, entertaining for short periods, but not a real commentary on women in times past. It's too bad, because by looking at the former roles of women, it helps me understand my role as a wife, mother and yes, homemaker (um make that home manager).If you want entertaining, and a cute book, by all means purchase this book. If you're looking for something that feels important, or helps you look at your way of managing a home

compared to our mothers and grandmothers and how they viewed their job, keep looking. This isn't it.

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